



Community-Based Family Resource Center Virtual Visit:

Children's Board of Hillsborough County Plant City FRC



# Moderator



#### LaKesha Ross

Membership & Events Consultant National Family Support Network



NETWORK

## **Overview**



Family Resource Centers Overview

- Virtual Site Visit
- Evaluation & Close



Family Support

















- Multi-generational, strengths-based, family-centered approach
- Designed for all families
- No or low cost for participants
- Support families to build protective factors





**Family Support** 

## Strengthening Families Protective Factors

**Parental Resilience** 

**Social Connections** 

Concrete Support in Times of Need

Knowledge of Parenting and Child Development

> Social and Emotional Competence of Children



**Family Support** 

For more information, please see <a href="http://www.cssp.org/reform/strengthening-families">www.cssp.org/reform/strengthening-families</a>









- No dedicated federal funding
- More than 3,000 nationwide
- Serve more than 2 million people annually





- Cost-effective
- Highly adaptable
- Successful outcomes







NATIONAL Family Support

## **Speakers**



Tyheshia Scott Director Children's Board Family Resource Centers



**Talisha Nelms** Center Manager, Plant City Children's Board Family Resource Centers





### CHILDREN'S BOARD HILLSBOROUGH COUNTY FAMILY RESOURCE CENTER PLANT CITY



www.familysupporthc.org

#### **FRC Video Tour**



https://www.youtube.com/watch?v=uAdfuaiOV00

## LUTHERAN SERVICES FLORIDA

The Children's Board Family Resource Centers (CBFRCs) are proudly managed by Lutheran Services Florida (LSF)

<u>Vision</u>: "Through our work, we help communities build healthier, happier and hope-filled futures."

Seven FRCs strategically located across Hillsborough County: *Brandon, Central Tampa, North Tampa, South County, Temple Terrace, Town 'W Country and <u>Plant City</u>* 

We create a world of...



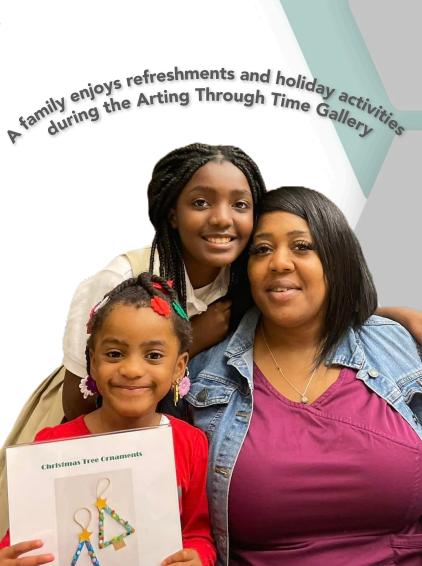
CHILDREN



STRONG FAMILIES



VIBRANT COMMUNITIES



#### CHILDREN'S BOARD OF HILLSBOROUGH COUNTY

Funding is generously provided by the Children's Board of Hillsborough County (CBHC)

CBHC was established in 1988 through the Special Taxing District for assessed property taxes

CBHC invests in local prevention and early intervention services focused on improving the lives of children and families

**Vision**: Hillsborough County will be recognized as one of the top places in the nation to raise children

Happier, Healthier, Stronger!



www.ChildrensBoard.org



## WHAT WE DO

✓ Car Seat Safety Classes

 $\checkmark$  CPR and First Aid Certification

✓ Developmental Playgroups

✓ Developmental Screenings

√ Diaper Bank

✓ Early Childhood Service Coordination

> $\checkmark$  Explorer's Club for Adolescents

✓ Hearing Screenings

 $\checkmark$  Information and Referral Services

✓ Lactation Support

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 $\checkmark$  Math Tutoring

✓ Computer Labs ✓ Mobile Dental Services

 $\checkmark$  Parent and Caregiver Networking

 $\checkmark$  Printing, Scanning and Faxing

✓ Public Notary

- ✓ Sight Words Class
- $\checkmark$  Special Events and Celebrations
- ✓ Vision Screenings
- ✓ Well Child Exams and Immunizations



## **CONTRACTED PARTNERS**

- <u>BayCare Children's Wellness and Safety</u> <u>Center</u>
  - Car Seat Safety Class (English and Spanish)
  - CPR/First Aid Class (English and Spanish)
  - Let's Talk Puberty and Life Choices Classes
  - Mobile Medical Clinic
  - Safe at Home and Safe Sitter Classes
  - Walk and Roll Class

#### • Family Healthcare Foundation

- Connecting families to affordable or nocost health insurance
- Weekly appointments at each CBFRC
- English, Haitian-Creole, Portuguese, Spanish
- Glazer Children's Museum

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- Learn and Play developmental playgroups for children up to age five and their caregivers
- Weekly at each CBFRC
- Pop-Up Play Exhibit at Plant City CBFRC

- Preserve Vision Florida
  - Vision screenings for children 6 months + and caregivers
  - Referrals and follow ups
  - Lenz Frenz for kids
- <u>ReDefiners World Languages</u>
  - English classes for caregivers
  - Spanish classes for families, caregivers and middle schoolers
  - Arabic classes for families
  - Mandarin classes for families

#### **CENTER-DRIVEN PROGRAMS**



STEM Learning (Up to Age 8)

Adult Programs (Ages 18 and Up)



Nutrition Classes (Varies)

#### **CENTER-DRIVEN PROGRAMS**



Little Artist (All Ages Welcome)



Community Health Events (All Ages Welcome)



Baby and Me (Up to Age 3)

#### EARLY CHILDHOOD SERVICE COORDINATION (ECSC)

- ECSC is available to Hillsborough County residents
- Families with children up to age 5 in the home are eligible
- Service Coordinators work alongside caregivers in partnership to develop a family goal plan
- Referral and linkage with community providers to help the family meet their goal



#### **MELISSA'S STORY**

Melissa, her husband, and 4 kids were experiencing homelessness. Living in a makeshift shelter on an acquaintance's property.

Initially they inquired about assistance with a phone payment. Talisha developed a family service plan with them, and through collaborations with community partners, was able to help them with so much more.



Melissa said:

"The Family Resource Center has provided my family with such a welcoming environment and provided a great number of resources for our family; food, clothing, toiletry etc. Talisha has been consistent with checking in and making sure we are taken care of. This Center has really impacted our family, since we didn't have much. Our family is very grateful for this Center and the services they have provided for my family." - Melissa

## **Beyond Center Walls**

- Staff routinely interact with the community center, libraries, churches, schools, and daycare centers
- Plant City CBFRC and CBHC staff were featured in Focus Magazine social media post following participation in Strawberry Festival Parade



#### Staff Participate(d) in the following:

- Participate in both Plant City Monthly Luncheon and Non-profit Roundtable
- Hosted Plant City Government Affairs
  Committee
- Filmed Interview with now Plant City Mayor Nathan Kilton

## • Staff were present at the following events:

- Pioneer Fest
- Great American Teach-In (Walden Lake Elementary)
- Career Day (Advantage Academy)



Plant City CBFRC is a member of the Plant City Metro Area Resource Network

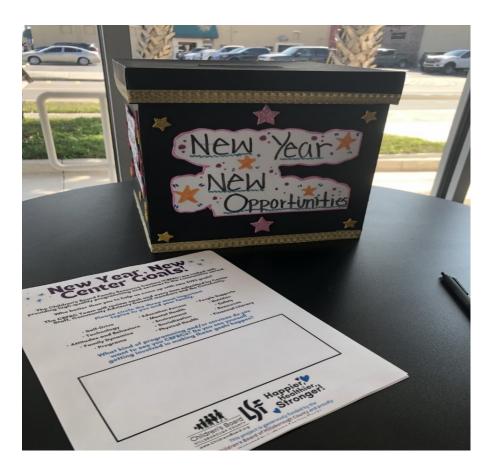
### **VOLUNTEER PROGRAM**

- The CBFRCs offer a variety of opportunities for volunteers to share their talents, passions, expertise and time
- Volunteers must be 18 years of age and older, pass a background screening and participate in a brief training and information session.





#### **COMMUNITY FEEDBACK**



#### **FRC Parent Participant Perspective**



#### **Dieudonne Bender**

Community Advisory Board Member Children's Board Family Resource Centers

#### **THANK YOU!**

Contact Information:

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Talisha Nelms, Center Manager talisha.nelms@lsfnet.org 813.640.2927



## **Questions?**







## **FRC Resources**

#### FRC Page of NFSN Website

- FRC Overviews
- Videos
- Research reports
- Systems-level funding information



www.nationalfamilysupportnetwork.org/family-support-programs

Webinar Wednesdays Library

www.nationalfamilysupportnetwork.org/family-resource-center-webinars



Family Support



Access at: www.nationalfamilysupportnetwork.org/frclearninghub



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## **Evaluation**





